

Rutland Historic Churches RHCPT Reg. Charity No: 211068 **Preservation Trust**

(Affiliated to the Historic Churches Preservation Trust)
Patron: Her Majesty The Queen

President Sir Laurence Howard KCVO OBE JP
Chairman Peter O Lawson DL

RUTLAND RIDE AND STRIDE **GUIDANCE FOR NOT SO MOBILE**

1. Ride + Stride is the biennial fund-raising event organised by the Rutland Historic Churches Preservation Trust to raise money for the preservation of churches and chapel buildings in Rutland. More information can be found on your sponsorship form or on www.RutlandRideAndStride.org.uk. RHCPT may grant some of the money you raise to your own church so please nominate this if you wish.
2. You will be able to use cars and minibuses (and such like) to be driven to churches in Rutland. All you have to do is walk the short distance up the church path, or use a wheelchair, to sign in at churches you visit.
3. The use of cars is NOT for those who are normally capable of cycling, running or walking. We intend this category to be for those who are elderly or disabled.
4. We also anticipate that you will not be able to drive yourself but will be driven by relatives, friends, care home staff, volunteers, etc. The driver should be able to assist you and will wait for you while you sign in before taking you to the next church.

WHAT TO DO NEXT:

1. Read more about Ride + Stride on our website and download and print off a sponsorship form
2. Alternatively obtain a Sponsorship Form from your local Church Organiser.
3. Find someone who will transport you (plus a few not so mobile friends)
4. Get generous sponsorship from your family and friends.

FOR MORE SPECIFIC QUERIES:

Please contact Richard Foulkes at 01572 722192 or rrfoulkes@gmail.com

HAVE A WONDERFUL DAY
AND THANK YOU FOR YOUR HELP