



**Guidance for all willing to take part – this is a fund raising event !!**

Ride and Stride is a challenge and a fun fund raising event to help preserve local historic churches. Rutland has 64 churches, many of which are much loved features of our villages and towns. Those who worship in them are a fraction of those who visit them and gaze happily at them as they pass by. Our church buildings need to be preserved and your help is very much appreciated. **Next steps:**

- Contact your own parish/church organiser through your local church
- Or explore our website - [www.rutlandrideandstride.org.uk](http://www.rutlandrideandstride.org.uk)
- Use the “Create a Route” link on our website to help plan
- Get two forms from your church organiser, one for sponsorship and one to record churches visited, or print your own from our website
- Consider using Just Giving to make obtaining sponsorship easier. Link through website or [www.justgiving.com/rhcpt](http://www.justgiving.com/rhcpt)
- If you just want to take part, make a personal donation on [www.justgiving.com/rhcpt](http://www.justgiving.com/rhcpt)

**Who can take part and be sponsored ? Individuals, families, groups or teams**

- Church Recorders
- Cyclists. (Electric bikes are certainly welcome but no cups or certificates)
- Walkers, runners and joggers
- Not so Mobile participants
- Horse riders

**How do I obtain sponsors ?**

- E-mail your friends, having registered with [www.justgiving.com/rhcpt](http://www.justgiving.com/rhcpt)
- Friends and family. Colleagues at work or from your leisure pursuits
- Local supporters of the Church *building*. The funds raised are for the building, not for a religious event. Most people expect the Church to be there when *they* need it!
- Local businesses, perhaps where you are a customer ? Or your employer. Some employers will have a Charitable Giving “pot of funds”. They may even match the amount you raise on a £ for £ basis.

**What’s in it for me ?**

- A fun day out visiting some very special church buildings in Rutland
- Special Certificates for riders if you visit 35 or more Churches (15 for walkers).
- Cup for the most Rutland churches visited on the day.
- Barnsdale Lodge Hotel voucher for the walker making the most endeavour

**Require more information? Contact :- Richard Foulkes, Rutland Ride and Stride Organiser on 01572 722192 or [rrfoulkes@gmail.com](mailto:rrfoulkes@gmail.com)**