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| **IMPORTANT:** To be completed before you start the sponsored Ride and Stride  |
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| **Your name, address and telephone no.** | Please tick |
|  |  | * also raising money online
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|  |  | * walking
* cycling
* horse riding
* by car (less mobile)
* church recording
* other…………………….
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| DATE |
| **Email address (optional)** |  |
| **Please return this form and all money other than on-line sponsorship by 12th October to:-** | Nominated church (if any) |

 |
| Church recorders**,** walkers, cyclists, horse riders and car users (less mobile) are invited to seek sponsors who will undertake to pay a sum of money for places of worship visited by the participant on Saturday 13th September 2025 between 10.00am and 6.00pm. The money raised by each participant for the Rutland Historic Churches Preservation Trust may be shared by them with the place of worship nominated by the participant.**INFORMATION FOR SPONSORS.** Thank you for agreeing to be a sponsor for the 2025 Ride and Stride. **PLEASE GIFT AID YOUR SPONSORSHIP, IF APPLICABLE, BY PROVIDING YOUR ADDRESS AND POSTCODE AND TICKING THE GIFTAID BOX.****INSTRUCTIONS TO PARTICIPANTS.** Please complete the personal details on this form before the day. If you are not starting from your own church or chapel, please let your local organiser know that you are taking part. After the event please collect your sponsorship money and hand it to your local organiser before 12th October. Cheques should be made payable to the Rutland Historic Churches Preservation Trust. Or pay into our bank account RHCPT 20-63-66 a/c 00779539 please use the church’s address as your reference. Those who are unable to cycle or walk may use cars. In the event of weddings taking place an alternative arrangement for signing in as close to the church as possible will be made. Church recorders may be sponsored by the hour.**SAFETY.** IT IS A CONDITION OF ENTRY THAT, SAVE TO THE EXTENT REQUIRED BY LAW, THE TRUSTEES OF THE RUTLAND HISTORIC CHURCHES PRESERVATION TRUST ACCEPT NO LIABILITY IN RESPECT OF DEATH OR INJURY SUSTAINED BY PARTICIPANTS IN THE RIDE AND STRIDE. |

**More information can be obtained from:-** Richard Foulkes, at rrfoulkes@gmail.com |  |  | **RUTLAND HISTORIC CHURCHES PRESERVATION TRUST(Registered Charity no 211068)**K:\Rutland HCPT\RHCPT\Ride and Stride 2011\2011 poster and sponsor form\Ride and Stride logo new.bmp**SPONSOR FORM  10.00am – 6.00pm****Visit our website** [**rhcpt.co.uk**](http://www.RutlandRideAndStride.org.uk)  **or click on QR code to donate via Good Hub** |

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| **TICK THE GIFT AID BOX IF YOU GIVE by CHEQUE or £20 CASH OR MORE AND WISH US TO RECLAIM TAX ON YOUR SPONSORSHIP:If you have ticked the Gift Aid box you confirm that you are a UK Income or Capital Gains taxpayer and that you want the RHCPT to reclaim tax on your donation as dated. You must pay an amount of Income Tax and/or Capital Tax in the tax year at least equal to the amount of tax that all the charities and CASCs you donate to will reclaim on your gifts for that tax year. The charity will reclaim 25p of tax on every £1 that you have given.** | **Gift Aid ✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **FIRST NAME** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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