

Guidance for participants

Saturday 13th September 2025

Rutland has 64 churches, much loved features of our villages and towns. Those who worship in them are a fraction of those who visit or gaze happily at them as they pass by. Our church buildings need to be preserved and your help is very much appreciated.

Ride and Stride participants challenge themselves to visit as many churches as they can in one day (13th September - 10am to 6 pm) by their chosen mode of transport and at the same time raise money to support the work of the Rutland Historic Churches Preservation Trust. Whilst many of our participants choose to walk or cycle, we welcome anyone who is willing to take on a quirkier personal challenge. Horse riders are welcome and there's a prize for the most original mode of transport.

Half of participants' monies raised may be donated to their nominated church (if any) and every penny of the rest will be used by RHCPT to help preserve our lovely church buildings.

Why not get a team together from your village or family and raise money together?

Below are some ideas for potential sponsors:

- Friends and family. E-mail your friends, having registered as a sponsor
- Colleagues at work or from your leisure pursuits
- Local supporters of the Church building. The funds raised are for the building, not for a religious event. Most people expect the Church to be there when they need it!
- Local businesses, perhaps where you are a customer
- Your employer - some employers will have a charitable giving 'pot of funds' and may even match the amount you raise on a £ for £ basis

To participate you need to :

Get two forms from your church organiser, one for **sponsorship** and one to **record churches visited**, or print your own from <https://beta.rhcpt.co.uk/ride-and-stride/>

This year we are using a new fundraising platform **GoodHub**. It's easy to register with **GoodHub** who will record your fundraising and claim gift aid (if applicable)

Simply go to <https://www.goodhub.com/go/rutland-historic-churches-preservation-trust-11991/>
Click on 'fundraise' (if you are seeking sponsorship) or 'donate' if you just want to give a one off contribution.

Also

Please complete the contact form below.

Contact form

Please complete this form so that we can update you with information concerning Ride and Stride 2025. It will also ensure that any money you raise will go to the church of your choice

We will not share your personal information with anyone else, nor publish it on our website or social media

Name.....

Contact details: Email.....phone.....

Age (there will be a prize for the oldest and youngest participants)

Address.....

Mode of participation (bike, walk, church sitter etc).....

Nominated church.....

Please give this form to your church organiser or call Sue Thomas on 07885046449 for an address to post.

What's in it for me?

- A fun day out visiting some very special church buildings in Rutland
- Special Certificates for riders if you visit 35 or more Churches (15 for walkers)
- Cup for the most Rutland churches visited on the day

Safety - Important - Please Read!

It is a condition of entry that, save to the extent required by law, the trustees of the Rutland Historic Churches Preservation Trust accept no liability in respect of death or injury sustained by any participant in this sponsored event.

Please observe the following guidelines for a safe and enjoyable day:

- Police advise all cyclists to ride in single file and not in large groups.
- Study the [cycling section of the Highway Code](#) before the event.
- Ensure that your bicycle is roadworthy.
- Plan your route in advance to avoid/minimise busy roads. Always turn left rather than right if possible!

After the event, please collect your sponsorship money by October 12th (unless your sponsors are using GoodHub) and hand it to the church organiser of your nominated church. Cheques should be made payable please to Rutland Historic Churches Preservation Trust.

Or pay online direct to our bank account:

Account number 00779539

Sort code 20-63-66

For more specific queries please contact Sue Thomas on 07885 046449
suethomas410@gmail.com